

Discrimination is Against the Law

Appalachian Regional Healthcare, Inc. (ARH) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (consistent with the scope of sex discrimination described at 45 CFR § 92.101(a)(2)).

ARH does not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

ARH:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
 - o Qualified sign language interpreters
 - o Written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language assistance services to people whose primary language is not English, which may include:
 - o Qualified interpreters
 - o Information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, notify the registration clerk, or speak with a nurse at your facility.

If you believe that ARH has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

ARH Chief Compliance Officer
100 Airport Gardens Road
Hazard, KY 41701
Compliance Hotline – 1-888-800-2906
compliance@arh.org

You can file a grievance in person or by mail, phone, or email. If you need help filing a grievance, the Community Director of Risk & Compliance at each facility is available to help you. Additional information on your rights under this civil rights law is available in multiple languages upon request. Translations for the notices of nondiscrimination and for language assistance and auxiliary aids are available at [Resources for Covered Entities | HHS.gov](https://www.hhs.gov/covered-entities/)

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)
Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

This notice is available at the ARH website: www.arh.org

